



Projection: The Dems Goto Defense

The Conservatives did this, and they did that! How many times did you hear something similar over the last five years? Plenty. If you are not familiar with the psychological term projection, this will probably help.

Interestingly enough is that projection is a defense mechanism. Now I do not have a degree in psychology or medicine or education, but at least I can read. According to www.regain.us, projection is defined as:

“Unconsciously employed by the ego and involves the process of attributing unwanted emotions you don't like onto someone else rather than admitting that it exists within yourself. It includes blame-shifting and falsely accusing others of wrongdoing.”

In addition, it should be noted that:

- 1> *“It was a way of rejecting uncomfortable feelings and impulses that may be jealous, angry, or sexual.”*
- 2> *“Projection involves a form of disassociation, and in extreme cases, may result in an individual being depleted of their personality.”*
- 3> *“Most people that project do not have any underlying issues, but projection has been a frequent symptom in mental health concerns such as [borderline personality disorder](#) (BPD).”*
- 4> *“Furthermore, the projection has been widely proven to be present in narcissistic personality disorder.”*

So anytime you hear or see the Dems blaming the Republicans for an act, which generally is proven at a later date to be false, remember the above. It does give an explanation of their actions for the last five years. How many times has the mainstream media been shown that their reporting was essentially false, not misleading, but false. Plenty of times and the Dems refuse to apologize for their failures.